

**PENNSYLVANIA HEARTLAND ATHLETIC CONFERENCE (PHAC)  
 DIVISION I WRESTLING – ALL-STAR TEAM  
 2010 – 2011**

1 <sup>ST</sup> Team			2 <sup>nd</sup> Team		
<u>Wgt.</u>	<u>Name</u>	<u>School</u>	<u>Wgt.</u>	<u>Name</u>	<u>School</u>
112	David Sheesley	Mifflinburg	103	Brendon Hicks	Mifflinburg
112	Tristan Paul	Shikellamy	103	Jake Witmer	Shikellamy
119	Eric Wolfe	Milton	112	T.J. Tressler	Williamsport
125	Zane Rowe	Mifflinburg	130	Landry Badman	Shikellamy
125	Dane Shovlin	Shamokin	135	Colton Showers	Milton
130	Brandon Pesarchick	Shamokin	140	Alan Miller	Mifflinburg
130	Leroy Harmen	Williamsport	140	Nicholas Kratzer	Midd-West
135	Josh Lahr	Shamokin	140	Matt Neff	Shikellamy
140	Cody Zechman	Selinsgrove	160	Donald English	Milton
145	Ryan Preisch	Milton	160	Mike Ede	Selinsgrove
152	Lee Supsic	Shamokin	160	Zac Cooper	Shikellamy
160	Ty Walter	Mifflinburg	171	Eric Eaton	Selinsgrove
189	Dominick Wolfe	Shikellamy	215	Nick Bennick	Shikellamy
215	Ryan Solomon	Milton	Hwt.	Wes Tillet	Shamokin
Hwt.	Tim Maeshack	Williamsport			

Coach of the year – Brett Michaels – Shikellamy

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 DIVISION II WRESTLING – ALL-STAR TEAM  
 2010 – 2011**

1 <sup>ST</sup> Team			2 <sup>nd</sup> Team		
<u>Wgt.</u>	<u>Name</u>	<u>School</u>	<u>Wgt.</u>	<u>Name</u>	<u>School</u>
112	Caleb Pearson	Montoursville	103	Dalton Reiman	Montoursville
119	Jared Watson	Warrior Run	119	Austin Miknich	Central Columbia
130	David Batkowski	Montoursville	119	Mick Saukaitis	Mount Carmel
130	Aaron Johnson	Central Columbia	125	Nick Perel	Danville
135	Kyle Barnes	Hughesville	130	Stephen Rosini	Danville
135	Brad Hain	Warrior Run	130	Nick Dusendschine	Mount Carmel
140	Luke Frey	Montoursville	152	Curt Schneider	Lewisburg
145	Dylan Hornberger	Mount Carmel	160	Ben Emmett	Central Columbia
152	Kurt Meske	Central Columbia	160	Matt Munns	Lewisburg
152	Kody Getkin	Danville	171	Garrett Llewellyn	Danville
171	Nathaniel Brown	Lewisburg	215	Eric McCracken	Central Columbia
189	Brandon Smith	Lewisburg	215	Dylan Dailey	Danville
189	Remington Weigle	Bloomsburg	215	Ryan Longenberger	Bloomsburg
285	Derek Ernest	Hughesville	215	Brad Poust	Hughesville
			285	Sean Charest	Lewisburg

Coach of the year – Steve Budman – Hughesville  
 Todd Cummings – Central Columbia

**PENNSYLVANIA HEARTLAND ATHLETIC CONFERENCE (PHAC)  
DIVISION III WRESTLING – ALL-STAR TEAM  
2010 – 2011**

1 <sup>ST</sup> Team			2 <sup>nd</sup> Team		
<u>Wgt.</u>	<u>Name</u>	<u>School</u>	<u>Wgt.</u>	<u>Name</u>	<u>School</u>
103	Shawn Nitcznski	Sullivan County	103	Matt Welliver	Benton
119	Colt Cotton	Benton	112	Colt Fry	Sullivan County
119	Andrew Gipe	South Williamsport	112	Brandon Lontz	Benton
125	Andrew Gilchrist	Muncy	112	Mike Pega	Muncy
130	Coltin Fought	Benton	119	Brandon Yohn	Muncy
135	Jeric Kasunic	Benton	119	Brian Smith	Sullivan County
140	Dane Woodruff	Sullivan County	125	Tanner Boyer	Loyalsock
145	Brian Watkins	Southern Columbia	125	Jacob Kramer	Montgomery
145	Troy Hembury	Muncy	152	Jared Kline	Benton
152	Zach Strickland	Muncy	160	Adam Gochnauer	Muncy
152	Josh Galentine	Montgomery	171	Brad Bailey	Loyalsock
171	Jake Mankey	Benton	171	Garrett Shnyder	Montgomery
189	Ryan Hembury	Muncy	171	Skylar Ebner	Muncy
HWT	Erik Roberts	Muncy	189	Jake Becker	Southern Columbia

Coach of the year – Denny Harer - Muncy